

**FEDERAL UNIVERSITY OF SÃO CARLOS CENTER OF BIOLOGICAL AND HEALTH SCIENCES GRADUATE PROGRAM IN PHYSICAL THERAPY Concentration: Physical Therapy and Functional Performance** Via Washington Luís, Km 235 – São Carlos, SP 13.565- 905 Phone: (016) 3351 - 8448 Email: **ppgft@ufscar.br** 

## COURSE: FIT - 513 Topics in Cardiovascular Physical Therapy Credits: 6 Course load: 90hrs. Instructor: Aparecida Maria Catai, Ph.D.

## **Course Overview:**

- 1. Topics in exercise physiology related to cardiovascular physical therapy.
- 2. Cardiovascular adaptations induced by aerobic physical training in patients with cardiovascular disease.
- 3. Cardiorespiratory assessment tests using different protocols.
- 4. Electrocardiogram at rest and during exercise.
- 5. Assessment tests of cardiovascular autonomic function.

## **Course Materials:**

- 1. REGENGA, M. Fisioterapia em Cardiologia da UTI à Reabilitação, São Paulo, Roca, 2000.
- 2. TIMERMAN, A. & CÉSAR, L.A.M. Manual de Cardiologia SOCESP, São Paulo, Editora Atheneu, 2000.
- WENGER, N.K.; HELLERSTEIN, H.K. Rehabilitation of the coronary patient. 2<sup>a</sup> ed. John Wiley & Sons, New York, 1984.