



UNIVERSIDADE FEDERAL DE SÃO CARLOS
PRÓ-REITORIA DE PÓS-GRADUAÇÃO

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FICHA DE CARACTERIZAÇÃO DE DISCIPLINAS

1. Programa de Pós-Graduação em:

Programa de Pós-Graduação em Fisioterapia

2. Objetivo da Ficha: Criação de disciplina.

Código da Disciplina	FIT-561	Total de Créditos	2	Início de Validade	2o. período de 2016
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Nome da Disciplina	An Evidence-Based Approach To The Management Of Selected Orthopedic And Sports Related Conditions: Clinical And Research Applications
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Campos a serem Alterados

☐ Código da Disciplina	☐ Nome da Disciplina	☐ Carga Horária	☐ Ementa
☐ Código Anterior:	☐ Créditos	☐ Pré-Requisitos	

Justificativa:

3. Carga Horária da Disciplina:

Aulas Teóricas	30	Aulas Práticas	0	Exercícios e Seminários	0
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4. Ementa da Disciplina:

1. The first lecture will consist of a survey/overview of the type of evidence in clinical practice: diagnosis, prognosis, treatment, and harm. Examples will be given on how these various elements contribute to the clinical management of patients. This initial lecture will be followed by lectures on 6 musculoskeletal conditions.

2. Treatment based-classification for low back pain: This lecture will discuss the evolution of stratification for the treatment of low back pain and specifically discuss the evidence behind the treatment based classification approach.

3. Treatment based-classification for neck pain: Similar to low back pain, this lecture will discuss the evolution of stratification for the treatment of neck pain.

4. ACL tear prevention and treatment outcomes: This lecture will look at the current knowledge on risk factors leading to ACL injuries and how these risk factors have led to prevention strategies. In addition, the dilemma of return to sports will be discussed within a concept of objective criteria.

5. Patellofemoral pain: The extensive literature on this topic will be summarized to provide best current evidence of the treatment of this condition.

6. Hip and knee OA: The current evidence of the non-surgical management of this condition will be discussed with the goal to provide guidance for clinical practice.

7. Adhesive capsulitis: Much discussion exist on the effectiveness of non-surgical management of this condition. This lecture will summarize current knowledge.

8. The final lecture will discuss publication guidelines, writing a paper for publication, and the peer-review process.

5. Caráter da Disciplina:

Criada para o curso de:

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Mestrado

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Doutorado

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Mestrado Profissional

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Todos

Caráter para mestrado:

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Obrigatória para:

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Optativa para:

Processos de Avaliação e Intervenção em Fisioterapia.

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Alternativa para:

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Área de Concentração para:

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Específica de Linha para:

Caráter para doutorado:

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Obrigatória para:

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Optativa para:

Processos de Avaliação e Intervenção em Fisioterapia.

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Alternativa para:

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Área de Concentração para:

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Específica de Linha para:

Caráter para mestrado profissional:

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Obrigatória para:

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Optativa para:

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Alternativa para:

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Área de Concentração para:

☐

Específica de Linha para:

6. Disciplinas que São Pré-Requisitos:

7. Bibliografia Principal:

Martin J. Kelley, Michael A. Shaffer, John E. Kuhn, Lori A. Michener, Amee L. Seitz, Timothy L. Uhl, Joseph J. Godges, Philip W. McClure, Roy D. Altman, Todd Davenport, George J. Davies, John DeWitt, Helene Fearon, Amanda Ferland, Paula M. Ludewig, Joy MacDermid, James W. Matheson, Paul J. Roubal, Leslie Torburn, Kevin Wilk. Shoulder Pain and Mobility Deficits: Adhesive Capsulitis. JOSPT, May 2013 Vol. 43, No. 5, Pages A1-A31

Anthony Delitto, Steven Z. George, Linda Van Dillen, Julie M. Whitman, Gwendolyn Sowa, Paul Shekelle, Thomas R. Denninger, Joseph J. Godges, Jason M. Beneciuk, Mark D. Bishop, Christopher D. Kramer, William Koch, Mark Shepherd, J. Haxby Abbott, Roy D. Altman, Matthew Briggs, David Butler, Joseph P. Farrell, Amanda Ferland, Helene Fearon, Julie M. Fritz, Joy MacDermid, James W. Matheson, Philip McClure, Stuart M. McGill, Leslie Torburn, Mark Werneke. Low Back Pain JOSPT. April 2012 Vol. 42, No. 4, Pages A1-A57

Michael T. Cibulka, Douglas M. White, Judith Woehrle, Marcie Harris-Hayes, Keelan Ensey, Timothy L. Fagerson, James Slover, Joseph J. Godges. Hip Pain and Mobility Deficits: Hip Osteoarthritis: Clinical Practice Guidelines Linked to the International Classification of Functioning, Disability, and Health from the Orthopaedic Section of the American Physical Therapy Association. J Orthop Sports Phys Ther 2009;39(4):A1-A25. doi:10.2519/jospt.2009.0301

John D. Childs, Joshua A. Cleland, James M. Elliott, Deydre S. Teyhen, Robert S. Wainner, Julie M. Whitman, Bernard J. Sopky, Joseph J. Godges, Timothy W. Flynn, Anthony Delitto, George M. Dyrriw, Amanda Ferland, Helene Fearon, Joy MacDermid, James W. Matheson, Philip McClure, Paul Shekelle, A. Russell Smith, Jr, Leslie Torburn. Neck Pain: Clinical Practice Guidelines Linked to the International Classification of Functioning, Disability, and Health From the Orthopaedic Section of the American Physical Therapy Association. J Orthop Sports Phys Ther 2008;38(9):A1-A34. doi:10.2519/jospt.2008.0303

8. Principais Docentes Responsáveis:

Paula Rezende Camargo